



## St. Therese Parish

9525 W Bluemound Rd  
Milwaukee, WI 53226

sttheresemke.org  
info@sttheresemke.org  
(414) 771-2500  
Facebook: @sttheresemke

*We are St. Therese Catholic Church, a community of believers, who walk together by faith in Christ Jesus, and minister in the Little Way of St. Therese, as we strive hand-in-hand to live as God's people.*

## St. Vincent Pallotti Parish

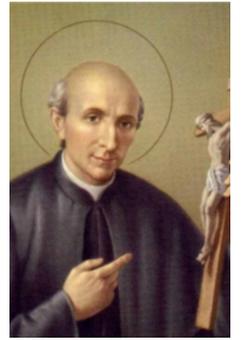
### East Church

5424 W Bluemound  
Milwaukee, WI 53208

### West Church/Office

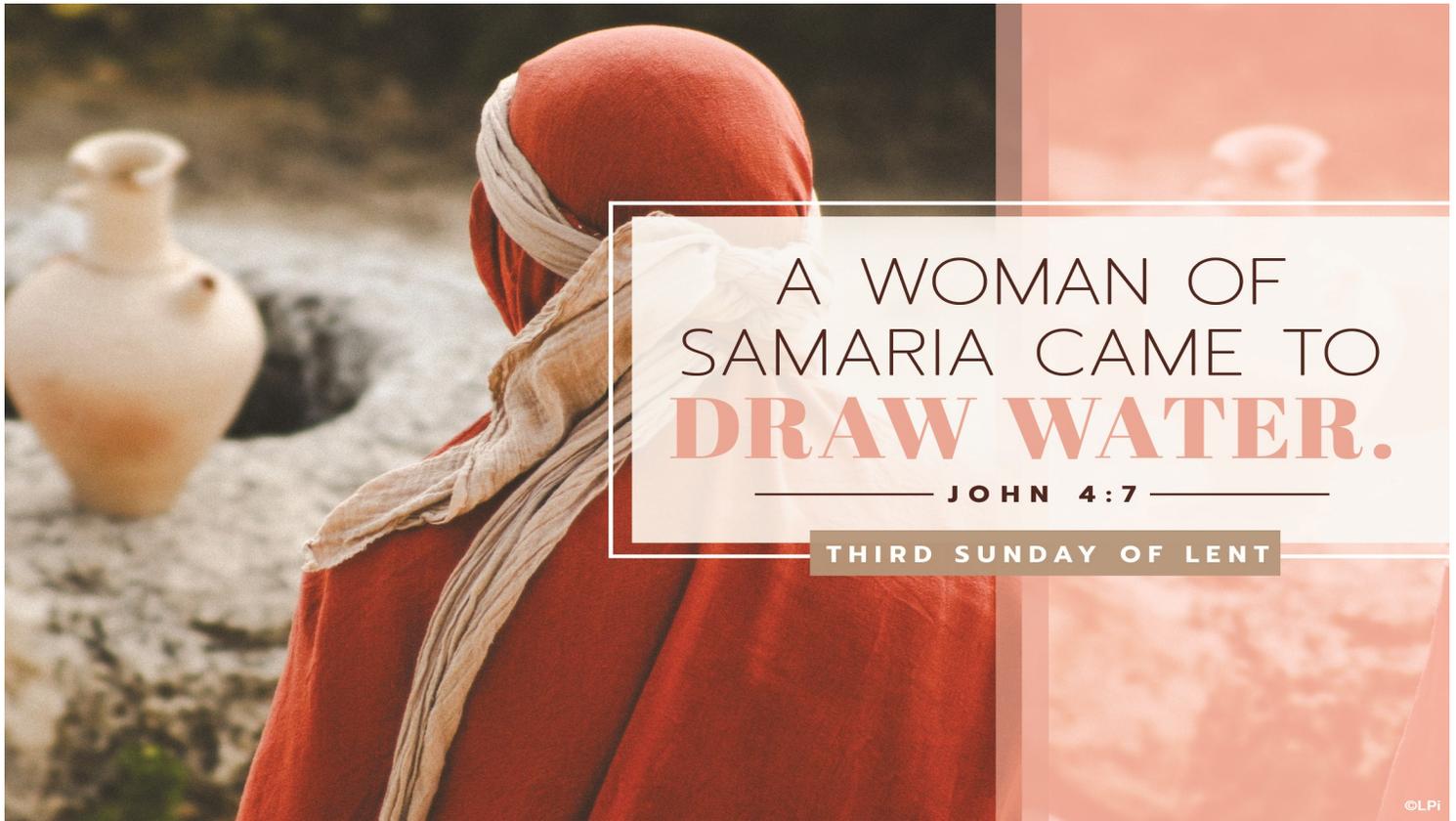
201 N 76th St  
Milwaukee, WI 53213

stvincentpallotti.org / vpallotti@stvpc.org  
(414) 453-5344  
Facebook: @stvincentpallottimke  
YouTube: @st.vincentpallottiparish



*A Community of disciples, nourished by the Eucharist, caring for each other and reaching out to others.*

March 8, 2026



A WOMAN OF  
SAMARIA CAME TO  
**DRAW WATER.**

— JOHN 4:7 —

THIRD SUNDAY OF LENT

### Third Sunday of Lent

*John 4:5-42*

Recently I received a note from a teenager I met years ago. He wrote, “Dear Father Muir, you probably do not remember me, but I wanted to thank you for your inspiring and humorous homilies at the parish. They helped me appreciate the beauty of Catholicism, which I have now embraced in a personal way.” That small note moved me more than he probably imagined. I had no idea my words had taken root in him. I was simply sowing seeds — week by week, Mass by Mass. Someone else — his parents, a youth minister, or God Himself — was doing the deeper work. Now this young man is joyfully reaping a harvest of faith.

In today’s Gospel, Jesus offers living water to a Samaritan woman whose life had been full of searching and disappointment. By the end of their encounter, she becomes a bold and joyful evangelist. Then Jesus turns to his disciples and says something easily overlooked: **“One sows and another reaps” (John 4:37)**. He is helping them — and us — understand how evangelization works. Often, the one who sows the seeds of faith is not the one who sees the fruit.

This Lent, ask yourself: Are you in a sowing phase or a reaping phase? If you are sowing — raising children, praying for someone, mentoring — be patient. Your work matters. If you are reaping — seeing someone come alive in faith — be grateful. You are standing on sacred ground, tilled and watered by others.

**Lenten challenge:** Thank someone who once sowed faith into your life. And keep sowing, even when the harvest is unseen.

— Father John Muir ©LPi

**Parish Pastoral Council**

*1st Wednesday of the Month at 7:00PM*

To contact a Parish Pastoral Council Member, send an email to [council@sttheresemke.org](mailto:council@sttheresemke.org) or leave a message for them in either parish office. Meeting minutes are available in the parish offices.

**Chairperson**

Art Nennig

**Vice Chairperson**

Brett Surinak

**Secretary**

Jennifer Tierney

**Trustees**

Dennis Ferger – STP (414) 546-7330  
Christopher Gauthier – SVP (414) 302-1033  
Ann Maher – STP (414) 698-7016  
Lenny Schaefer – SVP (414) 534-1450

**Members-At-Large**

David Helterbran Linda Okruhlica  
Sr. Marilyn Metz Tom Ratkowski  
Mary Noeske

**Saint Vincent de Paul**  
**(414) 462-7837**

**Hospital Visits**

The Federal Privacy Regulation (HIPAA—Health Insurance Portability & Accountability Act) prohibits hospitals from informing churches of a patient’s presence unless the patient gives permission for the hospital to do so. If you are admitted to a hospital and would like a pastoral visit, please contact either Parish Office.

**Prayer List for Mass**

It is our privilege to pray at our weekend masses for those in need. If you would like to add a name to the list, please contact either Parish Office.

**Need Prayer?**

Call the Prayer Network at (414) 810-9844

**Need Holy Communion?**

Call either Parish Office

**Bulletin Deadline:**

Monday, 8:00AM

**Announcement Deadline:**

Thursday, 8:00AM

*All submissions must be in writing to either Parish Office; email preferred.*

**Pastor of St. Vincent Pallotti Parish & St. Therese Parish**

Fr. Thomas Pulikkeel Chacko, SAC  
ext. 1 at St. Therese and ext. 102 at St. Vincent Pallotti  
[fr.thomaspc@stvpc.org](mailto:fr.thomaspc@stvpc.org)  
(414) 308-6238

**St. Therese Parish Office** (414) 771-2500  
For Parish Emergencies After Hours, Push 0

**Office Hours**

Sunday: 10:00AM to 11:00AM  
Monday: 8:30AM–12:00PM; 12:00PM–3:30PM Remote  
Tuesday: 8:30AM–3:30PM  
Wednesday: Remote  
Thursday: 8:30AM–12:00PM REMOTE; 12:00PM–3:30PM  
Friday and Saturday: Closed

**Director of Administrative Services**

Heather Goeden ext. 2  
[heather@sttheresemke.org](mailto:heather@sttheresemke.org)

**Finance Director**

Christine Jensen ext. 4  
[christine@sttheresemke.org](mailto:christine@sttheresemke.org)

**Choir Director**

Carrie Sanders

**Organist**

Kathy Luty

**Catechesis Ministry**

Contact the St. Therese Parish Office

**St. Vincent Pallotti Parish School Staff**

Office: (414) 258-4165 Fax: (414) 258-9844

**Principal**

Joe Fryda ext. 111  
[jfryda@stvps.org](mailto:jfryda@stvps.org)

**Vice Principal**

Tracy Irwin ext. 114  
[tirwin@stvps.org](mailto:tirwin@stvps.org)

**Office Manager/Choice Coordinator**

Lirse Jones ext. 110  
[ljones@stvps.org](mailto:ljones@stvps.org)

**St. Vincent Pallotti Parish Office**  
(414) 453-5344

**Office Hours:**

Monday through Friday: 8:30AM–3:30PM

**Director of Admin & Development**

Susana Cuellar ext. 109  
[sscuellar@stvpc.org](mailto:sscuellar@stvpc.org)

**Director of Liturgy & Music**

Carrie Sanders (414) 258-4165 ext. 107  
[csanders@stvpc.org](mailto:csanders@stvpc.org)

**Food Service Director**

Laura Ruiz-Reyes ext. 120  
[lruiz-reyes@stvpc.org](mailto:lruiz-reyes@stvpc.org)

**Parish Secretary**

Heather Goeden ext. 101  
[heather@sttheresemke.org](mailto:heather@sttheresemke.org)

**Bookkeeper**

Kari Utzerath ext. 104  
[kutzerath@stvpc.org](mailto:kutzerath@stvpc.org)

**Scrip Coordinator**

Therese Schaefer (414) 534-3836

**Librarian**

[librarian@stvpc.org](mailto:librarian@stvpc.org)

**Sacrament of Reconciliation**

Saturday: 3:15–3:45PM - St. Vincent Pallotti - West  
Sunday: 6:45–7:15AM - St. Vincent Pallotti - East  
First Sunday of the Month: 8:15AM - St. Therese  
Or by appointment on weekdays

**Blessing of the Sick**

After Mass on the First Weekend of the Month.  
You can also contact either Parish Office or Fr. Tom PC on his cell phone at (414) 308-6238 to arrange a visit.

**Baptism, Marriage and RCIA**

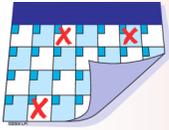
Please call either Parish Office. Preparation can take nine months or more.

**Funerals**

Contact either Parish Office to plan.

**Parish Membership / Support**

Anyone over age 18 is invited to register as an adult member.  
Please call either Parish Office for more information.



# Events for the Week

STP = St. Therese Parish    SVP-E = St. Vincent Pallotti East Church  
SVP-W = St. Vincent Pallotti West Church

## Sunday, March 8 – 3rd Sunday of Lent

Daylight Saving Time Starts

### Birthdays/Sharing Weekend/SCRIP Pick-Up Weekend at STP

- 6:45AM Reconciliation at SVP-E
- 7:30AM Mass at SVP-E
- 8:30AM – 12:30PM SVP School Pancake Breakfast
- 9:00AM Mass at STP – Live Streamed on Facebook
- 9:15AM Children’s Liturgy of the Word at STP
- 10:00AM Middle/High School Catechesis at St. Jude
- 10:30AM Mass at SVP-W – Live Streamed and Posted
- 10:45AM Children’s Liturgy of the Word at SVP-W

## Monday, March 9

- 6:25AM Morning Mass at SVP-E
- 6:00PM St. Vincent de Paul Society Meeting at STP
- 6:00PM Gr 1-6 Catechesis Program at St. Jude
- 6:00PM Kindergarten Catechesis Program at St. Jude
- 6:00PM Craft Circle at SVP-W

## Tuesday, March 10

- 8:45AM Morning Mass at STP
- 12:00PM Afternoon Mass at SVP-W
- 6:30PM Christian Formation Committee Meeting at STP

## Wednesday, March 11

- 6:25AM Morning Mass at SVP-E
- 8:15AM SVP School Mass at SVP-W
- 5:30PM Stations of the Cross at STP
- 6:00PM Evening Mass at STP

## Thursday, March 12

- 11:30AM Stations of the Cross at SVP-W
- 12:00PM Afternoon Mass at SVP-W
- 1:00PM Bible Study at STP
- 4:00PM Kathy’s House Meal Prep and Serve (OFFSITE)
- 4:00PM Choir Rehearsal at SVP-W
- 7:00PM Group 100 AA

## Friday, March 13

- 6:25AM Morning Mass at SVP-E
- 9:00AM Church Cleaning at SVP-W
- 12:00PM Stations of the Cross at STP
- 6:30PM Stations of the Cross at SVP-E

## Saturday, March 14

- 3:15PM Confessions at SVP-W
- 3:15PM Rosary at SVP-W
- 4:00PM Mass at SVP-W

## Sunday, March 15 – 4th Sunday of Lent

### Lent/Easter Library Display at STP

- 6:45AM Reconciliation at SVP-E
- 7:30AM Mass at SVP-E
- 9:00AM Mass at STP – Live Streamed on Facebook
- 10:00AM Rosary Prayer Service at STP
- 10:30AM Mass at SVP-W – Live Streamed and Posted
- 6:30PM Lenten Mission: Night 1 at SVP-W

# Intentions & Readings for the Week



## March Sanctuary Candle at STP

†Marcelline Valdovinos Hale

## Sunday, March 8

Observance: 3rd Sunday of Lent; Daylight Saving Time begins

Readings Ex 17:3-7/Ps 95:1-2, 6-7, 8-9/Rom 5:1-2, 5-8/Jn 4:5-42

## Monday, March 9

Observance: St. Frances of Rome, Religious

Readings 2 Kgs 5:1-15ab/Ps 42:2, 3; 42:3, 4/Lk 4:24-30  
6:25AM (SVP-E)

## Tuesday, March 10

Readings Dn 3:25, 34-43/Ps 25:4-5ab, 6 and 7bc, 8-9/Mt 18:21-35

8:45AM (STP) The St. Therese Parish Community

12:00PM (SVP-W) Special intentions of Louise Faragallah

## Wednesday, March 11

Readings: Dt 4:1, 5-9/Ps 147:12-13, 15-16, 19-20/Mt 5:17-19

6:25AM

8:15AM SVP School Mass

6:00PM The St. Therese Parish Community

## Thursday, March 12

Readings Jer 7:23-28/Ps 95:1-2, 6-7, 8-9/Lk 11:14-23

12:00PM (SVP-W)

## Friday, March 13

Readings Hos 14:2-10/Ps 81:6c-8a, 8bc-9, 10-11ab, 14 and 17/Mk 12:28-34

6:25AM (SVP-E)

## Saturday, March 14

Readings Hos 6:1-6/Ps 51:3-4, 18-19, 20-21ab/Lk 18:9-14

4:00PM †Kathleen Fugiasco (M Reindl)

## Sunday Mass, March 15

Observance: 4th Sunday of Lent

Readings 1Sm 16:1b, 6-7, 10-13a/Ps 23:1-3a, 3b-4, 5, 6/Eph 5:8-14/Jn 9:1-41

7:30AM (SVP-E) Parishioners

9:00AM (STP) †Quinn Shields and the St. Therese Parish Community

10:30AM (SVP-W) †Sue Siegert (A Sessner)



To be included, please call either Parish Office.

AG, Dorothy Ash, Fr. Hugh Birdsall, Peter Carlis, Brandon Choe, Irene Czarnecki, Michael Czarnecki, Nancy Dineen, Berni Doberstein, Dean Doberstein, Kylie Doyne, Elizabeth and Elijah, Theresa Gamsky, Mary G, Family G, Sue Grignon, Edwin Gunther, Matthew Harrison, Dan Heinz, Josette Jaeger, Andrew James, Janice Kandziora, Mary Kirchner, Helen Klister, Julie Kross, Ellen Lemkuigel, Rachel Lund, Kathy Manthe, Debbie Martin, Loretta Merz, Collette Massey, Hanna Miroslaw, Fr. Norm Oswald, Celeste Rau, Jacob & Jaxson Rivera, Kaity Shields, Michael Sullivan, Robert Szablewski, Beverly T., Rosann Thate, Terry Valdovinos, Mary Vanderbunt, John Wachowiak, Crystal Webb, Chris Wehausen

**Altered Bulletin Deadlines for March/April**

- March 29 Bulletin - Articles due March 19 at 8:00AM
- April 5 Bulletin - Articles due March 24 at 8:00AM
- April 12 Bulletin - Articles due March 26 at 8:00AM



Please remember in your prayers the family and friends of †**Shirley Diciaula** who recently passed away. May they find rest and comfort in the love and hope of God, and may the

soul of †Shirley rest in peace. **Visitation is at the West Church on Monday, March 9 at 9:30AM with the funeral Mass to follow at 11:00AM.** All women are invited to participate in the candle honor guard after mass as the casket is escorted out of the church.

*“Eternal rest grant unto her O Lord, and let perpetual light shine upon her.”*



**II. Shawn Lenagh  
And  
Stephanie King**



**The Pallottines on Bluemound invite you to the St. Patrick's Day Parade!**

**Saturday, March 14 at 3:30PM**

*On Bluemound Rd.  
68th St.-52nd St.*

**Come and Join the Fun!**

**We represent St. Therese Parish, Pius High School, St. Vincent Pallotti Parish and School and Scouts.**

**We will stage around 66th and Bluemound at 2:45PM. All are welcome to represent our Parishes.**

**St. Therese Sharing Weekend is This Weekend: March 8**

The Sharing Weekend recipient for March is our St. Vincent de Paul Society (SVdP). The SVdP's mission is to grow in holiness, and build a just world through service to the poor and needy, and through our personal relationships. Our SVdP conference assists families in our neighborhoods with partial rents, utilities, beds, furniture, clothing, and appliances. Food needs are handled with grocery store gift certificates, and food pantry locations.

Donations can be made at Mass, mailed to the Parish Office or by using the QR code to donate online. If you are writing a check, please make it out to St. Vincent de Paul Society. We ask that all donations are given by Sunday, March 15. Thank you for your generosity.



**Altered Office Hours for Holy Week & Easter**

- St. Therese: Closed Sunday, March 29 through Monday, April 6
- St. Vincent Pallotti: Closed Thursday, April 2 at Noon through Monday, April 6

**St. Therese Flower/Candle Donations for the Easter Season**



Easter begins with the celebration of the Easter Vigil on April 4 and continues through the Solemnity of Pentecost on May 24. Please consider a donation of any amount in memory of a loved one or for a special intention to help us keep fresh flowers and plants for the church environment during this Easter Season.

**St. Therese Candle and Flower Donations—PLEASE PRINT CLEARLY**

Donor Name \_\_\_\_\_ Phone ( ) \_\_\_\_\_  
 Amount Enclosed \$ \_\_\_\_\_ Select one:  In Memory  In Honor  In Thanksgiving  
 Intention \_\_\_\_\_  
 Publish in bulletin?  Yes  No  Print intention, not donor

**ST. THERESE PARISH CHURCH SUPPORT**

Envelopes & Offertory – March 1	\$	1,585.75
Envelopes & Offertory – February 22	\$	2,199.00
Envelopes & Offertory – February 18	\$	285.00
Envelopes & Offertory – February 15	\$	2,777.00
Envelopes & Offertory – February 8	\$	3,545.00
Envelopes & Offertory – February 1	\$	789.00
Maintenance Donations	\$	1,197.00
Lenten Giving (So Far)	\$	530.00

**Please remember St. Therese in your will!**

**ST. VINCENT PALLOTTI PARISH SUPPORT**

	Actual Amount Received in January 2026	Actual Amount Received this FY as of January 2026	Budget for Fiscal Year 7/01/25-6/30/2026
Envelopes	\$14,184.03	\$117,603.07	\$205,000.00
Offertory	\$4,769.72	\$30,092.72	\$45,000.00
Donations	\$613.50	\$19,221.30	\$26,900.00
	\$19,567.25	\$166,917.09	\$276,900.00

Thank you for your contributions!

The Special Collection for January was donated to **ERAS Senior Network.**

**To provide a contribution:** Mail envelopes to the Parish Office or donate online from our website. Look for the "Online Giving" button.

**Sunday Masses Live-Streamed and Recorded!**

- The 9:00AM Sunday Mass at St. Therese Parish is live-streamed on their Facebook page and posted on their website after Mass.
- The 10:30AM Sunday Mass at St. Vincent Pallotti is live-streamed and posted on their website and is also available on YouTube.

**Schedule a Mass Intention in Memory of a Loved One**

Please consider donating a Mass intention in memory of a loved one or in celebration of a special event. To donate, please contact Heather Goeden in the Parish Office.

**Looking to donate online? Go to either Parish website to make a contribution on our online giving websites. Thank you for your generosity.**

**St. Therese Parish Financial Update For the Period Ending December 31, 2025**

<b>Income</b>	<b>Actual</b>	<b>Budget</b>
Envelopes	107,956	109,819
Offertory	6,603	5,688
Designated Income	13,956	6,263
<b>Total Collection Income</b>	<b>128,515</b>	<b>121,770</b>
Investment Income	5,876	4,576
Rental Income	14,826	5,580
*Donations/Memorials/Bequests	5,272	4,995
Fundraisers (net)	4,992	2,999
<b>Total Other Income</b>	<b>30,965</b>	<b>18,149</b>
<b>Total Income</b>	<b>159,481</b>	<b>139,919</b>
<b>Expenses</b>		
**Prayer and Worship	4,355	4,159
Christian Formation	470	1,672
Human Concerns-Sharing Sunday Distributions	9,139	-
Finance/Admin	32,128	23,368
Salaries/Benefits	80,013	80,742
*Building/Grounds	44,822	70,933
<b>Total Expenses</b>	<b>170,927</b>	<b>180,874</b>
<b>Net Profit/(Loss) Before Extraordinary Items</b>	<b>(11,446)</b>	<b>(40,956)</b>
Unrealized Gain		-
<b>Net Income Per GL:</b>	<b>(11,446)</b>	<b>(40,956)</b>

**Significant Revenue/Expenses:**

Finance/Admin: Conversion of computer upgrade for Windows 11

-

\*Major Building/Grounds expenses:

<b>Heat - to date</b>	5,619	
<b>Electric - to date:</b>	6,693	
<b>Snowplow - to date:</b>	8,676	
Quarterly Maintenance:	4,029	
<b>Work (to date) on chapel roof leak</b>	1,008	Note: This will be reimbursed from LOA funds
Seal cracks and stripe parking lot	2835	
<b>Repair sink in sacristy</b>	3203	

**It's Next Weekend!**

You are all invited next Sunday to our annual Easter/Lenten Library display after mass at St. Therese Parish. There are many Easter story books and DVDs for children to check out. For adults there are many different genres of books and DVDs from inspirational fiction, prayer and meditation to self-help and biographies. There is nothing to buy. All the materials are from our parish library. If you check out an item you may enter a free raffle for a big Easter basket filled with goodies. And while you're browsing enjoy a homemade cookie. Don't miss this special event!



**The Chosen**

An amazing five season DVD series about the life of Jesus! Experience hours of inspirational viewing during this season of Lent. Choose one of the DVD seasons available on the display counter in the Parish Library at St. Therese. DVDs may be borrowed for two weeks.

**Help Needed: St. Therese Art & Environment Committee**

We are in need of additional help at St. Therese to swap over the church environment for various holidays and Holy Days throughout the year. If this is something you are interested in helping with, please contact Heather in the Parish Office.



**From The Earth Ministry:**

This week's Lenten *metanoia* invitation:

**Air is Life** "You shall not pollute the land in which you live," (Numbers 35:33-34)

**This Week's Vision: Air.** Breathing clean air is necessary to live a healthy life. Our lungs absorb oxygen that is then carried through our blood to our heart, brain and all other organs. Air pollution is associated with many health conditions that impact our respiratory and cardiovascular systems, resulting in millions of premature deaths annually.

Major pollution diseases include stroke, ischemic heart disease, chronic obstructive pulmonary disease (COPD), lung cancer, pneumonia, asthma, and neurodegenerative disorders like dementia.

Motor vehicles are a primary source of air pollution, responsible for roughly 50% of VOC (volatile organic compounds), nitrogen oxides, and invisible particulate matter (PM) in the U.S.. They account for approximately 75% of carbon monoxide emissions and 22-30% of total greenhouse gas emissions. In urban areas, cars and trucks can be responsible for up to 90% of local air pollution.

**Action Change:** Conserve Gas and Reduce Auto Emissions: Group and plan your errands. Form a route that minimizes mileage. Call first or go online to make sure what you need is in stock. Carpool whenever you can. Check your tachometer to keep it "under 2" when accelerating to save gas, as well as wear and tear on your engine.

Drive the Speed Limit (seriously). Unless in heavy traffic, use your cruise control when on the expressway or highway. Leave earlier than usual to lessen the pressure to speed in order to get to your destination on time. You'll arrive more relaxed and less likely to have an accident. Patience is a virtue of grace.

**Old-Fashioned Penalty Penance:** Resolve to take a bus, walk or bike to travel as available. Plan such a venture during Lent.



Thanks to everyone who has contributed to our food collection efforts. You can continue to help the lost, the least and the left behind. Jesus said, "Whatever you do for the least, you do for me. Love one another as I have loved you."

Every day someone will go hungry. Can you follow Jesus and help donate food for the hungry? Baskets are in the vestibules.

**DJ Needed for St. Vincent Pallotti Parish Picnic**

The St. Vincent Pallotti Parish picnic is fast approaching on June 7. After many years of providing us with his services, our DJ, Marty, would like a break. If anyone knows of a DJ that also does karaoke, please contact Lenny Schaefer at (414) 534-1450.



**St Therese Reuniting Us As "One Nation, Under God" Prayer Service**

Please join us for our monthly Prayer Service after Mass next Sunday, March 15. During this 25 minute service, we pray the rosary and ask

Blessed Mary to intervene for us with the Lord in seeking His help to reunite us as "One Nation, Under God." This is followed by a short meditation to remind us that while we are all different, we need to Love one another. Please join us.



**ADULT FORMATION Opportunities**

**Fourth Sunday Formation**

Save the date for our next session on March 21/22. Bring a friend or neighbor to join us!

**Bible Study**

Thursday Bible Study with Heather Warner continues on Thursday, March 12 at 1:00PM at St. Therese. All are welcome to join at any time!



The Men of Christ Conference is returning to a large in person event this year. The date is March 14, the place is the Milwaukee Theater downtown (the old auditorium), the site for more information and registration is menofchrist.net.

Now you've got the what, where, and when. The why? Have you heard the news lately? We are in need of men standing up and living their faith! The who is YOU and anyone else you can bring along with you. Your family needs you to attend. Our parish needs you to attend. Our Church needs you to attend. Our country needs you to attend. Bring your sons, fathers, brothers, uncles, co-workers, friends and see what a band of brothers can do.

Register at menofchrist.net. Call me with any questions and when you have registered; Mike Griffin (414) 248-3653.

**SAVE THE DATE**

St. Vincent Pallotti Catholic School

# PANCAKE BREAKFAST

SUNDAY, MARCH 8<sup>th</sup>, 2026  
8:30AM - 12:30PM

Proceeds to go towards the 8<sup>th</sup> grade class trip

**Tickets available at the door (cash/check)**  
Presale tickets available at SVP Parish Office Mon.-Fri.  
8:30am-3:30pm. (cash/check)

Meet the Easter Bunny 10:30-noon! | Raffles for cash purchase

**ALL YOU CAN EAT**  
Children up to age 9: \$7, Ages 10 to adult: \$10

**Join Us At Our Lenten Mission Next Week – March 15/16**  
 March 15 at 6:30PM at St. Vincent Pallotti – West  
 March 16 at 6:30PM at St. Therese Parish



This year our Lenten Mission is a two evening presentation by Fr. Jose on the topic of anger.

On Sunday evening, Fr. Jose will present what anger is, how it is expressed, and its effect on the body and mind.

On Monday evening, he will share what we can do about anger and how spirituality and psychology helps in coping with anger.

Both evenings will include time for brief discussion and time to ask questions. Please RSVP on either Parish website or by calling either Parish Office.

We hope you can join us for both evenings!



### Lenten Prayer Opportunities

#### Daily Mass

- Mon, Wed, Fri: 6:25AM - SVP-E
- Tues: 8:45AM - STP
- Tues, Thurs: Noon - SVP-W
- Wed: 6:00PM - STP



**PRAY**

#### Lenten Reconciliation Opportunities

- Saturdays: 3:15PM-3:45PM at SVP-W
  - Sundays: 6:45AM at SVP-E (*Enter at Northwest Door*)
  - Wednesday, March 25: Pray, Reconcile, Rejoice - 12 Hours of Reconciliation (*Go to [www.archmil.org](http://www.archmil.org) for info*)
  - Friday, March 27: 10:00AM-Noon at STP
- Private Confessions by Appointment. Call either Parish Office.*

#### Lenten Stations

- Wednesdays: 5:30pm at STP
- Thursdays: 11:30AM at SVP-W
- Fridays: Noon at STP and 6:30PM at SVP-E

### Lenten Observances for Fast and Abstinence

The Catholic Church asks each member to preserve the penitential character and purpose of Lent:



**FAST**

- Catholics who have celebrated their 14th birthday are bound to abstain from meat each Friday of Lent.
- Catholics who have celebrated their 18th birthday, in addition to abstaining from meat, should fast on and Good Friday. Hence, on those days they should eat only one full meal. Smaller quantities of food may be taken at two other meals, but no food should be consumed at other times during those days. The obligation of fasting ceases with the celebration of one's 59th birthday.

Catholics should not lightly excuse themselves from these prescribed minimal penitential practices.

### Lenten Giving 2026

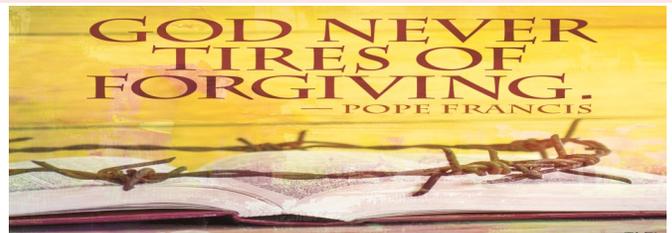
#### Guest House of Milwaukee and Kathy's House

The Guest House, provides shelter, hot meals, a warm bed, showers, clothing, laundry and a qualified case manager for up to 86 men here in Milwaukee, plus after care services for additional men. Kathy's House which has 36 guest suites for people with a loved one at a local hospital. Our Lenten Alms will help provide a hot meal, once a month, at each location.



**GIVE**

Visit [guesthouseofmilwaukee.org](http://guesthouseofmilwaukee.org) and [Kathys-House.org](http://Kathys-House.org) to learn more. Your donation can be made online, in church or by mail. Please make out checks to St. Therese or St. Vincent Pallotti Parish and label it Lenten Giving in the memo line. Return your donation by April 12. Questions? Call the Parish Office.



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