



St. Therese Parish

9525 W Bluemound Rd
Milwaukee, WI 53226

sttheresemke.org
info@sttheresemke.org
(414) 771-2500
Facebook: @sttheresemke

We are St. Therese Catholic Church, a community of believers, who walk together by faith in Christ Jesus, and minister in the Little Way of St. Therese, as we strive hand-in-hand to live as God's people.

St. Vincent Pallotti Parish

East Church

5424 W Bluemound
Milwaukee, WI 53208

West Church/Office

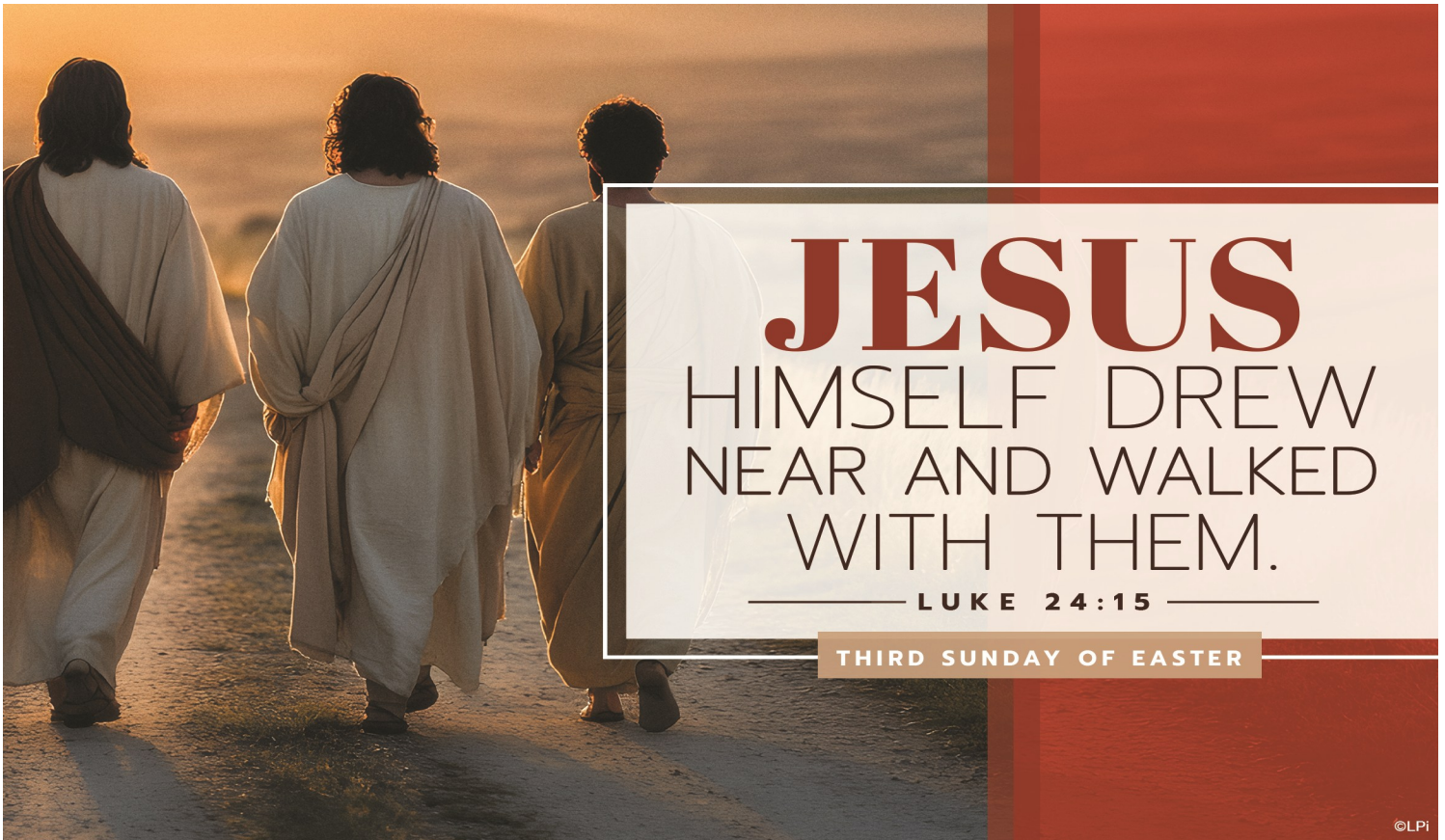
201 N 76th St
Milwaukee, WI 53213

stvincentpallotti.org / vpallotti@stvpc.org
(414) 453-5344
Facebook: @stvincentpallottimke
YouTube: @st.vincentpallottiparish



A Community of disciples, nourished by the Eucharist, caring for each other and reaching out to others.

April 19, 2026



3rd Sunday of Easter

Luke 24:13-35

When I first read Homer's *Odyssey* as a teenager, one scene captured my imagination: Odysseus finally returning home after 20 years, yet no one recognized him. Disguised as a beggar, he speaks with his wife, his son, and even his enemies. He is fully present, yet hidden. Only at the right moment does he reveal himself, and everyone realizes he has been with them all along. I was struck by the mystery that he could be so close to his loved ones, and yet they simply could not identify him.

A similar mystery is at the heart of today's Gospel. Two disciples walk the road to Emmaus with Jesus, but **“their eyes were prevented from recognizing him.”** (Luke 24:16) He listens, teaches, and eats with them, yet they remain blind until He breaks the bread. Suddenly their eyes are opened — and at that very moment, He vanishes. His disappearance is not absence. Rather, it is revelation. The Risen Lord is now present in a new way, in the breaking of the bread and in the life of His Church.

Faith is this shift of vision. Instead of searching for a visible Jesus as if He were absent, we learn to recognize Him unveiled in hidden ways — in Scripture proclaimed, in the Eucharist, in the sacraments, in the very life of the Church.

And what is true of Him is true of us. Just as He disappears into the mission of His Body, we too are meant to be hidden in Him. When we live hidden in Christ, we are seen for who we really are. — *Father John Muir* ©LPI

Parish Pastoral Council

1st Wednesday of the Month at 7:00PM

To contact a Parish Pastoral Council Member, send an email to council@sttheresemke.org or leave a message for them in either parish office. Meeting minutes are available in the parish offices.

Chairperson

Art Nennig

Vice Chairperson

Brett Surinak

Secretary

Jennifer Tierney

Trustees

Dennis Ferger – STP (414) 546-7330
Christopher Gauthier – SVP (414) 302-1033
Ann Maher – STP (414) 698-7016
Lenny Schaefer – SVP (414) 534-1450

Members-At-Large

David Helterbran Linda Okruhlica
Sr. Marilyn Metz Tom Ratkowski
Mary Noeske

Saint Vincent de Paul
(414) 462-7837

Hospital Visits

The Federal Privacy Regulation (HIPAA—Health Insurance Portability & Accountability Act) prohibits hospitals from informing churches of a patient’s presence unless the patient gives permission for the hospital to do so. If you are admitted to a hospital and would like a pastoral visit, please contact either Parish Office.

Prayer List for Mass

It is our privilege to pray at our weekend masses for those in need. If you would like to add a name to the list, please contact either Parish Office.

Need Prayer?

Call the Prayer Network at (414) 810-9844

Need Holy Communion?

Call either Parish Office

Bulletin Deadline:
Monday, 8:00AM

Announcement Deadline:
Thursday, 8:00AM

All submissions must be in writing to either Parish Office; email preferred.

Pastor of St. Vincent Pallotti Parish & St. Therese Parish

Fr. Thomas Pulikkeel Chacko, SAC
ext. 1 at St. Therese and ext. 102 at St. Vincent Pallotti
fr.thomaspc@stvpc.org
(414) 308-6238

St. Therese Parish Office (414) 771-2500
For Parish Emergencies After Hours, Push 0

Office Hours

Sunday: 10:00AM to 11:00AM
Monday: 8:30AM–12:00PM; 12:00PM–3:30PM Remote
Tuesday: 8:30AM–3:30PM
Wednesday: Remote
Thursday: 8:30AM–12:00PM REMOTE; 12:00PM–3:30PM
Friday and Saturday: Closed

Director of Administrative Services

Heather Goeden ext. 2
heather@sttheresemke.org

Finance Director

Christine Jensen ext. 4
christine@sttheresemke.org

Choir Director

Carrie Sanders

Organist

Kathy Luty

Catechesis Ministry

Contact the St. Therese Parish Office

St. Vincent Pallotti Parish School Staff

Office: (414) 258-4165 Fax: (414) 258-9844

Principal

Joe Fryda ext. 111
jfryda@stvps.org

Vice Principal

Tracy Irwin ext. 114
tirwin@stvps.org

Office Manager/Choice Coordinator

Lirse Jones ext. 110
ljones@stvps.org

St. Vincent Pallotti Parish Office
(414) 453-5344

Office Hours:

Monday through Friday: 8:30AM–3:30PM

Director of Admin & Development

Susana Cuellar ext. 109
sscullar@stvpc.org

Director of Liturgy & Music

Carrie Sanders (414) 258-4165 ext. 107
csanders@stvpc.org

Food Service Director

Laura Ruiz-Reyes ext. 120
lruiz-reyes@stvpc.org

Parish Secretary

Heather Goeden ext. 101
heather@sttheresemke.org

Bookkeeper

Kari Utzerath ext. 104
kutzerath@stvpc.org

Scrip Coordinator

Therese Schaefer (414) 534-3836

Librarian

librarian@stvpc.org

Sacrament of Reconciliation

Saturday: 3:15–3:45PM - St. Vincent Pallotti - West
Sunday: 6:45–7:15AM - St. Vincent Pallotti - East
First Sunday of the Month: 8:15AM - St. Therese
Or by appointment on weekdays

Blessing of the Sick

After Mass on the First Weekend of the Month.
You can also contact either Parish Office or Fr. Tom PC on his cell phone at (414) 308-6238 to arrange a visit.

Baptism, Marriage and RCIA

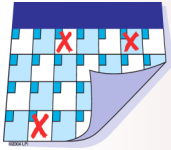
Please call either Parish Office. Preparation can take nine months or more.

Funerals

Contact either Parish Office to plan.

Parish Membership / Support

Anyone over age 18 is invited to register as an adult member.
Please call either Parish Office for more information.



Events for the Week

STP = St. Therese Parish SVP-E = St. Vincent Pallotti East Church
SVP-W = St. Vincent Pallotti West Church

Sunday, April 19 – Safe Environment Week Begins

Birthdays Weekend and SVDp Collection at SVP

- 6:45AM Reconciliation at SVP-E
- 7:30AM Mass at SVP-E
- 9:00AM Mass w/ First Communion at STP –
Live Streamed on Facebook
- 10:00AM Rosary Prayer Service at STP
- 10:30AM Mass at SVP-W – Live Streamed and Posted

Monday, April 20

- 6:25AM Morning Mass at SVP-E
- 6:00PM Gr 1-6 Catechesis Program at St. Jude

Tuesday, April 21

- 8:45AM Morning Mass at STP
- 12:00PM Afternoon Mass at SVP-W
- 6:30PM SVP Finance Council Meeting at SVP-W

Wednesday, April 22

- 6:25AM Morning Mass at SVP-E
- 8:15AM SVP School Mass at SVP-W
- 10:00AM †Don Davis Visitation & Mass
- 5:30PM Adoration at STP
- 6:00PM Evening Mass at STP



Thursday, April 23

- 11:30AM Adoration at SVP-W
- 12:00PM Afternoon Mass at SVP-W
- 4:00PM Choir Rehearsal at SVP-W
- 6:30PM Prayer & Worship Committee Meeting at STP
- 7:00PM Group 100 AA

Friday, April 24

- 6:25AM Morning Mass at SVP-E
- 9:00AM Church Cleaning at SVP-W

Saturday, April 25

Volunteer Blessing

- 3:15PM Confessions at SVP-W
- 3:15PM Rosary at SVP-W
- 4:00PM Mass at SVP-W
- 5:00PM Fourth Sunday Formation at SVP-W

Sunday, April 26

Volunteer Blessing

- 6:45AM Reconciliation at SVP-E
- 7:30AM Mass at SVP-E
- 8:15AM Fourth Sunday Formation at SVP-W
- 9:00AM Mass w/ Children's Liturgy of the Word at STP
Live Streamed on Facebook
- 10:00AM Fourth Sunday Formation at STP
- 10:00AM Middle & High School Catechesis at St. Jude
- 10:30AM Mass w/ Children's Liturgy of the Word at SVP-W
Live Streamed and Posted
- 11:30AM Fourth Sunday Formation at SVP-W
- 11:30AM UAC/Volunteer Luncheon at SVP-W

Intentions & Readings for the Week



April Sanctuary Candle at STP

†Cletus(Smitty) and †Loretta (Lori) Van de Castelee

Sunday, April 19

Observance: 3rd Sunday of Easter

Readings Acts 2:14, 22-33/Ps 16:1-2 and 5, 7-8, 9-10, 11/1Pt 1:17-21/Lk 24:13-35

Monday, April 20

Readings Acts 6:8-15/Ps 119:23-24, 26-27, 29-30/Jn 6:22-29

6:25AM (SVP-E)

Tuesday, April 21

Observance: St. Anselm, Bishop and Doctor of the Church

Readings Acts 7:51-8:1a/Ps 31:3cd-4, 6 and 7b and 8a, 17 and 21ab/Jn 6:30-35

8:45AM (STP) The St. Therese Parish Community

12:00PM (SVP-W)

Wednesday, April 22

Observance: Administrative Professionals' Day; Earth Day

Readings Acts 8:1b-8/ Ps 66:1-3a, 4-5, 6-7a/Jn 6:35-40

6:25AM

8:15AM SVP School Mass

6:00PM †Madeline King

Thursday, April 23

Observance: St. George, Martyr; St. Adalbert, Bishop and Martyr

Readings Acts 8:26-40/ Ps 66:8-9, 16-17, 20/Jn 6:44-51

12:00PM (SVP-W) †Luis Domenech (R. Domenech)

Friday, April 24

Observance: St. Fidelis of Sigmaringen, Priest and Martyr; Arbor Day

Readings Acts 9:1-20/ Ps 117:1bc, 2/Jn 6:52-59

6:25AM (SVP-E) Deacon Don & †Toni Borkowski

Saturday, April 25

Observance: St. Mark, Evangelist

Readings 1 Pt 5:5b-14/ Ps 89:2-3, 6-7, 16-17/Mk 16:15-20

4:00PM Special Intention of Louise Faragallah

Sunday Mass, April 26

Observance: 4th Sunday of Easter; World Day of Prayer for Vocations

Readings Acts 2:14a, 36-41/Ps 23:1-3a, 3b-4, 5, 6/1 Pt 2:20b-25/Jn 10:1-10

7:30AM (SVP-E) Parishioners

9:00AM (STP) †Claire Dufour and the St. Therese Parish Community

10:30AM (SVP-W) Deacon Don & †Toni Borkowski



To be included, please call either Parish Office.

Alexandra Guliano, Dorothy Ash, Mark B., Fr. Hugh Birdsall, Peter Carlis, Brandon Choe, Irene Czarniecki, Michael Czarniecki, Nancy Dineen, Berni Doberstein, Dean Doberstein, Kylie Doyne, Elizabeth and Elijah, Theresa Gamsky, Mary G, Family G, Sue Grignon, Edwin Gunther, Matthew Harrison, Dan Heinz, Josette Jaeger, Andrew James, Janice Kandziora, Mary Kirchner, Helen Klister, Julie Kross, Ellen Lemkuil, Rachel Lund, Kathy Manthe, Debbie Martin, Loretta Merz, Collette Massey, Hanna Miroslaw, Fr. Norm Oswald, Celeste Rau, Jacob & Jaxson Rivera, Kaity Shields, Michael Sullivan, Robert Szablewski, Beverly T., Rosann Thate, Terry Valdovinos, Mary Vanderbunt, John Wachowiak, Chris Wehausen



Help Us Congratulate Our Graduates!

We would like to include the names of all our graduates (preschool through graduate and professional school) in our bulletin the weekend of May 10/11. Is someone from your family graduating this spring? Please submit the name of the person, the name of the school, and the diploma, degree, or certificate to Heather Goeden by May 4.

2026 Volunteer Appreciation Day and UAC Day: April 26



"Can you pray for the salvation of others? Pray... You will be an apostle. Can you encourage your neighbor to do good? Then encourage them! This is what I mean by Apostolate." – St. Vincent Pallotti

Please join us for this combined celebration on Sunday, April 26 with Mass at 10:30AM at SVP-W, followed by a gathering at 11:30AM in the SVP Parish Center. Here are some suggestions for the UAC (Union of the Catholic Apostolate) week of service (April 20-26) in memory of St. Vincent Pallotti's birthday:

- Visiting the sick, the lonely or homebound, either in person or via phone
- Shopping for someone
- Picking up litter in a public place
- Driving someone to the store or medical appointments
- Baby-sitting
- Praying for others
- Milwaukee Riverkeepers Spring Clean-Up is April 25 milwaukeeiverkeeper.org

Please join us at this event to share stories and updates about your experiences. Please RSVP by using the QR Code, going to either parish website or calling either Parish Office.



Questions? Contact Linda Barikmo at lbarikmo@gmail.com or (414) 406-4271.

News From St. Vincent de Paul

The St. Jude – St. Therese – St. Vincent Pallotti conference served 20 families between January 1 and March 31, 2026. Our conference provided five families with rent assistance, two families with mortgage assistance, three families with beds, two families with utilities, three families with clothing, two families with household items, four families with furniture, four families with appliances and one family with food. Many of the families had multiple needs.



Rental and mortgage assistance is paid directly to the landlord or mortgage holder. Gift cards to Pick & Save allow families to purchase needed food. And the SVdP thrift stores provide most of the other needed items. Our conference does not have a regular income stream. We rely on the donation boxes in the churches, a few generous benefactors and our members. We are asking if you can find it in your hearts to help us help those in need. Thank you in advance for your generosity and may God bless you.

St. Therese Flower/Candle Donations for the Easter Season



Easter continues through the Solemnity of Pentecost on May 24. Please consider a donation of any amount in memory of a loved one or for a special intention to help us keep fresh flowers and plants for the church environment during this Easter Season.

Candle and Flower Donations—PLEASE PRINT CLEARLY

Donor Name _____ Phone () _____
 Amount Enclosed \$ _____ Select one: In Memory In Honor In Thanksgiving
 Intention _____
 Publish in bulletin? Yes No Print intention, not donor



St Therese's Reuniting Us As "One Nation, Under God" Prayer Service is this Sunday. Join us after the 9:00am Mass in the Chapel to pray the rosary, followed by a brief meditation.

Sunday Masses Live-Streamed and Recorded!

- The 9:00AM Sunday Mass at St. Therese Parish is live-streamed on their Facebook page and posted on their website after Mass.
- The 10:30AM Sunday Mass at St. Vincent Pallotti is live-streamed and posted on their website and is also available on YouTube.

Rosary Change for St. Vincent Pallotti

Effective May 2 through October 31, Rosary on Saturdays at the West site will be AFTER the 4:00PM Mass.

Schedule a Mass Intention in Memory of a Loved One

Please consider donating a Mass intention in memory of a loved one or in celebration of a special event. To donate, please contact Heather Goeden in the Parish Office.

Please Help Us Keep Our Prayer List Current

It's time to update our prayer list. It is our privilege to pray for the all who are in need. If you have submitted a name and would like that name to remain on our prayer list, please contact Heather Goeden by April 27 by email at heather@sttheresemke.org, phone at either Parish Office, or by dropping a note for her in the collection basket.

Looking to donate online? Go to either Parish website to make a contribution on our online giving websites. Thank you for your generosity.

The Stewardship Parish Support for each parish is reported on the second weekend each month showing the entire previous month's contributions.

We appreciate your support!

Please remember St. Vincent Pallotti and St. Therese Parish in your will.

Pastoral Council Nominations Now Open

The Parish Pastoral Council includes the Pastor, the Trustees, and members at large. Member-at-large terms are three years (July 1–June 30), and terms are staggered so new members are added each year.

This year, we are seeking two new members at large from St. Therese to begin on July 1.

You may nominate yourself or nominate another parishioner.

To nominate someone, please email Brett Surinak at cubmaster@pack105.org with the person's name. Brett or Fr. Tom will follow up with nominees to confirm interest.

Nomination deadline: May 15. After nominations close, the Parish Pastoral Council will follow our normal discernment and selection process to confirm the new members.

Please pray for guidance and consider who may be a good fit to serve.

Combined Parish Annual Meeting – Save the Date

The First Combined Annual Parish Meeting will take place on **Sunday, May 3**. We will have Mass at 10:00AM that morning at St. Therese and the meeting will follow. Please mark your calendars. More information will be in later April bulletins. All parishioners of St. Therese and St. Vincent Pallotti are invited.



Yearly Summaries DUE April 20!

In preparation for the Annual Parish Meeting ALL COMMITTEES/GROUPS/MINISTRIES are asked to submit a short report. Please include the highlights, activities and business from the past year, the names of the current members and the officers. Please submit these to Heather Goeden in writing, preferably by email.

Trustee-Secretary Elections at Annual Meeting

The election of the Trustee-Secretaries for both St. Therese and St. Vincent Pallotti Parishes will take place at this year's Annual Meeting on Sunday, May 3. Ann Maher has agreed to be Fr. PC's nominee for the St. Therese Trustee-Secretary position for another two-year term of office beginning July 1, 2026 and ending June 30, 2028. Lenny Schaefer has agreed to be Fr. PC's nominee for the St. Vincent Pallotti Trustee-Secretary position for another two-year term of office beginning July 1, 2026 and ending June 30, 2028.

If you are interested in the position of Trustee-Secretary at either Parish, candidates must be nominated, in writing, by 10 or more parish members. A nomination and signature form is available in the Parish Office for anyone who wishes to put their name in nomination. Any active, registered, fully-initiated parish member, at least 25 years of age, is eligible to run for Trustee-Secretary.

According to Wisconsin State Statute 187.19, "trustees are to be selected from and by the congregation." Among other duties, the Trustee Secretary serves as an ex-officio member of the Parish Pastoral Council, the Finance Council, is a member of the Board of Directors of the parish corporation, signs proxy documents and all corporate reports, and signs parish checks with Trustee Treasurer, and the Parish Director.

Nominations will close on Sunday, April 19. The election will take place at the Annual Meeting on Sunday, May 3.

Committee Report: Prayer & Worship

Lent has passed and now we are celebrating the Easter season. The Prayer and Worship Committee reviewed the plans for the Triduum services which took place at all three sites. This was to ensure beautiful and meaningful celebrations. Thank you to the many extra ministers who signed up for these services. Your participation made them very special. During the Easter season, you are also reminded to join in the celebration of the Ascension and Pentecost.

In May, we remember Our Blessed Mother in a special way. There will be a May crowning in her honor at both parishes. See later bulletins for dates and times.


Once again, we will have a Corpus Christi procession in early June as it was so well received last year. Our committee is still working out the details and we will inform you of them at a later date.

We pray that your Easter season will be filled with the joy of the Resurrection. Alleluia!



Fourth Sunday Formation

Next weekend is our Fourth Sunday Formation session after all Masses. Invite a family member or friend to join you at Mass next weekend and stay after for about 15 minutes to learn more about the Catholic faith.



JUDE 20
SPEAKER SERIES


BUT YOU BELOVED. BUILD YOURSELVES UP IN YOUR MOST HOLY FAITH;
PRAY IN THE HOLY SPIRIT

**ST. FRANCIS OF ASSISI'S
CANTICLE OF CREATURES**

The JUDE 20 speaker series returns! Br. Jose Maria Vera, O.F.M., Cap., Director of the Capuchin Spirituality Center will join us to speak on St. Francis of Assisi's celebrated "Canticle of Creation". In his talk Br. Jose Maria will highlight St. Francis' view of the interconnectiveness of creation.

Sunday, April 19th
6:30 – 7:30pm
in the St. Jude Activity Center

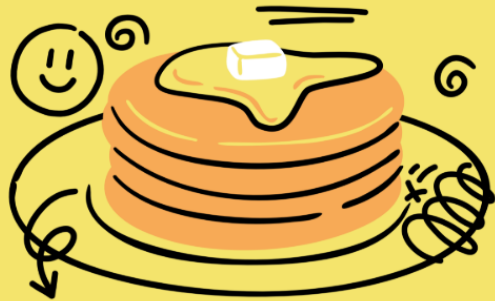
734 Glenview Ave
Wauwatosa, WI
www.stjudeparishwauwatosa.org



Br. Jose Maria Vera,
O.F.M., Cap.
Presenter



PANCAKE BREAKFAST



SUNDAY, APRIL 19

8:30 A.M. - 12:30 P.M.
ST. VINCENT PALLOTTI PARISH
201 N. 76TH STREET

\$10 ADULTS (AGE 18+)
\$25 PER FAMILY



From The Earth Ministry: Earth Day 2026 – Get Involved!

The 56th anniversary of Earth Day is Wednesday, April 22. In today's bulletin you will find a number of Bible references to passages that speak of our need to revere and protect all elements of God's creation. On the other side of the insert is an updated list of local Earth Day celebrations and events where you can participate as part of your stewardship for our earth's protection and revitalization.



Interested in Volunteering at St. Vincent Pallotti Catholic School with our K4-8th grade students?



Share your time and talents with us...
We would love to have you read with our students,
help them practice math facts, etc.

All volunteers across the Archdiocese of Milwaukee must complete the Safe Environment Certification process.

- Create an Account in CMG Connect - <https://milwaukee.cmgconnect.org>
- Complete the Initial Safe Environment for Clergy, Employees, and Volunteers Curriculum when you log into your account (the estimated time to complete all online portions of this curriculum is one hour)
- Complete Background Check Questions and Notice within the account
- Register for a live safe environment education training session (this is a one-time 3-hour in-person training)

Upcoming sessions (please see website link for complete listing) -
PLEASE NOTE... you must register online prior to the session date/time:

- Monday, April 20, 5-8PM, Nativity Jesuit (Milwaukee)
- Wednesday, April 29, 4:30-7:30PM, St. Matthew (Oak Creek)
- Wednesday, April 29, 6-9PM, St. Dominic (Brookfield)

Need help signing up? Have any questions? Please contact Mrs. Tracy Irwin,
Vice Principal - tirwin@stvps.org, 414-258-4165 ext. 114.

Mass of Atonement

MONDAY, APRIL 20

ROSARY FOR HEALING
AND PROTECTION: 5:15 P.M.
MASS WITH ARCHBISHOP GROB: 6 P.M.

St. John the Evangelist
701 N. Lake Ave., Twin Lakes



INTERPRETED FOR THE DEAF

ARCHDIOCESE of MILWAUKEE

Safe Environment Week: April 19th—April 25th

The Archdiocese of Milwaukee recognizes April 19–April 25 as Safe Environment Awareness Week. Each year in the month of April, which is recognized around the country as child abuse prevention month, we dedicate a week to elevating the general awareness of the Church’s efforts to keep our children safe. We want people to know that we are committed to maintaining safe environments in our parishes and schools through adult child abuse prevention training; criminal background checks for all clergy, volunteers working with minors, and employees; safety training for children in each grade level; and adhering to all mandatory reporting requirement laws.

Did You Know...

All clergy, employees, and volunteers are instructed to contact local law enforcement or Child Protective Services immediately if they are made aware of a child being sexually abused. All bishops, priests, deacons, lay parish/school staffs, and volunteers are required to follow the mandatory reporting laws of the State of Wisconsin. In Wisconsin, all clergy and all school employees are considered mandatory reporters and can face legal penalties for failing to report suspected or known child abuse or neglect.



Archdiocese of Milwaukee Child and Youth Protection and Compliance Safe Environment Week - Proclamation

WHEREAS, Safe Environment Week is for every parish and school, as well as the entire faith community to focus, at the same time, on the importance of keeping our children and youth safe;

WHEREAS, child abuse and neglect are societal problems whose prevention depend on involvement among people throughout the faith community;

WHEREAS, our children are our most valuable resources and will shape the future of not only the Archdiocese of Milwaukee but also the entire Church;

WHEREAS, the theme for this years’ Safe Environment Week will be “Strengthening Trust Through Protection, Prevention, and Compliance.”

WHEREAS, acknowledging that as a Church we have much work to do to rebuild the trust that has been broken;

WHEREAS, we acknowledge that as bishops, clergy and church leaders we must work together as a community to increase awareness about child abuse and neglect and work to promote the social and emotional well-being of children, youth and families in a safe, healthy and nurturing environment;

THEREFORE, I, Archbishop Jeffrey S. Grob proclaim the week of April 19th– April 25th, 2026 as Safe Environment Week in the Archdiocese of Milwaukee. I ask that all participate and acknowledge each other with the love, respect, and mercy as brothers and sisters in Christ.

Most Reverend Jeffrey S. Grob
Archbishop of Milwaukee

Keeping Children and Teens SAFE ONLINE

Computers and mobile devices can be helpful tools for children and teens to learn and grow in faith and fellowship. Unfortunately, the digital world is also full of unsafe and explicit content. You wouldn’t hand a teen the car keys without first teaching them how to drive. The same should be true for using technology—teach them how to keep themselves and others safe while using it.



You can use the following tips to better protect young people from harm online:

- 1 Model appropriate online behavior for young people.** Children look to their parents to teach and show them the ways to appropriately use technology. The biggest influence on what children see as acceptable or unacceptable is you.
- 2 Teach your children not to share private information or images online.** Strangers posing as online friends can try to gain the trust of minors. Personal information such as name, address, and phone number should never be shared with an unknown person. Tell your children to immediately tell a trusted adult if anyone makes them feel uncomfortable.
- 3 Limit usage of computers and mobile devices to public spaces in the home.** Not only will this help to prevent young people from accessing unsafe websites, it will also help them to develop safe browsing habits later in life.
- 4 Install software that can block or monitor explicit website use.** Open access to harmful websites, like those that include pornography, is a constant threat to

young people. Website filters can prevent access to harmful and explicit sites and some can even alert you when such a site is accessed.

- 5 Review and discuss the websites your child has visited and apps they have used.** Oversight of your child or teen’s browsing history and app usage can help to keep them safe online. If you notice your child has browsed an unsafe website or app, discuss why that behavior is harmful. Learn about current apps that could be harmful to children and teenagers, especially those that involve image sharing, private communication, or the illusion of privacy.

- 6 Report online exploitation of minors to public authorities.** If you become aware of explicit content involving minors, such as solicitation, explicit images or videos, you should submit a report to law enforcement or through resources like CyberTipline from the National Center for Missing and Exploited Children.



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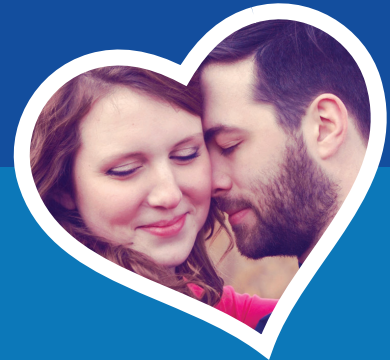
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